# **PATIENT PREPARATION**

## WHOLE BODY IMAGING

- **No food** for six hours prior to study. Should drink water but no other type of liquid is allowed.
- Minimize physical activity
- □ If patient is insulin dependent, they should speak to the nurse or physician.
- Patient is encouraged to take any medications, with the exception of dexamebtrasene (steroids), prior to arrival and bring pain medications to the Center to take if needed.
- □ No Chemo/radiation therapy within two weeks of scheduled PET scan.
- □ No Steroid therapy within one week of scheduled PET scan.

Time involved:

Whole Body: Approximately 2 hours to 2 1/2 hours (with Extremities)

### BRAIN IMAGING

- □ No food for four hours prior to study. May drink water, but no other type of liquid is allowed.
- □ Wear warm, loose-fitting clothing (i.e. sweats, flannel shirt). It will not be necessary to remove any clothing for the brain scan.
- □ May take regularly scheduled medications if they can be tolerated on an empty stomach.
- □ If patient is insulin dependent, they should speak to the nurse or physician.

#### Time involved: Approximately 1 Hour.

## **DIRECTIONS TO FirstPET of Brooklyn**

523 6th St. Brooklyn, NY 11215 Phone: 718-369-5196 Fax: 718-369-5198

**Staten Island** - Take Belt Parkway to 38th St. Exit. Go to 4th Ave. Turn Left. Go to 7th St. Make a right turn to 7th Ave.

**Long Island** - Belt Parkway to second Ocean Parkway Exit. Turn right. Take Ocean Parkway all the way to 8th Ave. Exit on the right. Go to 6th street. Turn left.

**Manhattan** - Manhattan Bridge to Flatbush Ave. Take Flatbush to 7th Ave. Exit on right. Go straight along 7th Ave. to 6th street.

**Queens** - Brooklyn Queens Expressway to Tillary St. exit. Take Tillary St. to Flatbush Ave. Turn left. Take Flatbush Ave. to 7th Ave. Turn right. Take 7th Ave. to 6th street.

#### Located across from NY Methodist Hospital

Twenty-four hour notice is required for cancellation or rescheduling of appointment. Appointment changes made in less than 24 hours may result in you being charged for the radioisotope ordered for your exam.

\*\*\*FREE TRANSPORTATION AVAILABLE\*\*\*

PLEASE CALL FOR DETAILS